

## The Most Reverend Stephen A. Hero

Bishop of the Roman Catholic Diocese of Prince Albert designates the following churches

Sacred Heart Cathedral, Prince Albert
Notre Dame de Lourdes, N. Battleford
Our Lady of Lourdes Shrine, St. Laurent
St. Theresa Shrine, Wakaw

as

## Special Pilgrimage Sites for the Jubilee Year

December 29, 2024 - December 28, 2025



## Plenary Indulgence

To receive the Plenary Jubilee Indulgence during the 2025 Jubilee Year, Catholics must meet the following conditions:

Be repentant: Have a sincere desire to live a Christian life and be detached from sin

**Confess sins:** Celebrate the Sacrament of Reconciliation within two weeks before or after the indulgenced act

**Receive Communion:** Assist at Holy Mass and receive Holy Communion

**Pray for the Pope:** Pray for the Holy Father's intentions by reciting at least an *Our Father* and a *Hail Mary* 

## And any one of the following acts:

**An act of charity:** Visit the elderly, the sick, prisoners, and those in need; or by making a donation to charity

**Pilgrimage:** Participate in a Liturgy or devotion (Way of the Cross or Rosary) at a Jubilee pilgrimage site

**Devout visit:** Spend time in adoration at a Jubilee pilgrim site concluding with Our Father, Creed, and invocations to Our Lady

**Fast or abstain:** Fast or abstain from food and drink or social media or television, for at least one day of the week