

Couples are invited to join 8 weekly sessions on Wednesdays from:

6:30 PM to 8:00 PM from April 23, 2025 to June 11, 2025

at St. Joseph's Parish, Prince Albert, SK

The
Hold Me
Tight®
PROGRAM

CONVERSATIONS for CONNECTION

A Relationship Education Group for Couples



Based on the book

*Hold Me Tight: Seven Conversations
for a Lifetime of Love*

By: Dr. Sue Johnson
www.drsuejohnson.com

Contact Information:

Catholic Family Services of Prince Albert
306-922-3202

Registration Fee:

\$35 per couple

Group is limited to *12 couples*. Childcare available upon request.